



PEABODY SCHOOL LUNCH MENU 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 HOTDOG <i>On a Wheat Roll</i> OVEN BAKED FRIES VEGETARIAN BEANS *CHEESEBURGER	2 SPAGHETTI W/ MEATSAUCE STEAMED VEGETABLES WW Dinner Roll *CHEESEBURGER	3 TURKEY WRAP w/ LETTUCE, TOMATO CRISP VEGGIE STICKS *CHEESEBURGER	4 PIZZA STEAMED BROCCOLI BROOKSBY PEAR *CHEESEBURGER	KEY: • = Alternate Main Meal Choices WW = Whole Wheat
LUNCH PRICES ELEM. \$3.00 SEC. \$3.25 MILK \$.50 BREAKFAST \$1.00	7 GRILLED CHEESE <i>On WW Bread</i> TOMATO SOUP CRISP VEGGIE STICKS *TUNA ON WW ROLL	8 HAM & CHEESE <i>On WW Sub Roll</i> CRISP BABY CARROTS CHIPS, PICKLE *TUNA ON WW ROLL	9 FRENCH TOAST <i>w/ Maple Syrup</i> HASH BROWN TURKEY BACON *TUNA ON WW ROLL	10 NACHOS W/ CHEESE SAUCE SWEET POTATO FRIES GREEN BEANS *TUNA ON WW ROLL	11 PIZZA CUCUMBER WHEELS BABY CARROTS *TUNA ON WW ROLL	OFFERED DAILY Assorted FRESH FRUIT FROM BROOKSBY FARM & CANNED FRUIT
OFFERED DAILY COLD 8 oz MILK	14 NO SCHOOL COLUMBUS DAY 	15 CK NUGGETS MASHED POTATO MIXED VEGETABLES WW ROLL *HOT DOG w/ SALAD	16 TURKEY/BACON CLUB on WW SUB FRESH BROCCOLI w/ dipping sauce *HOT DOG w/ SALAD	17 CHEESEBURGER ON A WW BUN SWEET POTATO FRIES STEAMED CORN HOT DOG w/ SALAD	18 MOZZARELLA STICKS w/ Marinara Sauce BABY CARROTS *HOT DOG w/ SALAD	OFFERED DAILY • TOSSED SALAD BOX
FARM FRESH FRUITS & VEGGIES PURCHASED FROM BROOKSBY FARM 	21 MACARONI & CHEESE STEAMED BROCCOLI WW ROLL *TURKEY SUB&SALAD	22 HAM & CHEESE ON GOLDFISH BREAD VEGGIE STICKS CHIPS, PICKLE *TURKEY SUB&SALAD	23 BAGEL W/ CREAM CHEESE W/ YOGURT CHEESE STICK BABY CARROTS *TURKEY SUB&SALAD	24 CHICKEN PATTY ON WW BUN POTATO PUFFS Butternut Squash *TURKEY SUB&SALAD	25 PERSONAL SIZE PIZZA SIDE TOSSED SALAD *TURKEY SUB/SALAD	
	28 CK NUGGETS W/ DIPPING SAUCE SWEET POTATO FRIES STEAMED BROCCOLI *HAM & CHEESE SUB	29 MEATBALL SUB W/ GRATED CHEESE POTATO PUFFS ASSORT VEGGIE STICKS *HAM & CHEESE SUB	30 GRILLED CHEESE <i>On WW Bread</i> CK NOODLE SOUP FRESH BROCCOLI/DIP *HAM & CHEESE SUB	31 HAUNTED HOTDOG FREAKY FRIES GHOSTLY MILK COOKIE, BOONANA *HAM & CHEESE SUB	NOV 1 PIZZA CAESAR SALAD CARROT/CELERY *HAM & CHEESE SUB	

September



PEABODY SCHOOL LUNCH MENU 2013



Sun	Mon	Tue	Wed	Thu	Fri	SAT
1	WELCOME BACK SPECIAL SURPRISE TREAT WITH LUNCH PURCHASE ON TUESDAY 9/3	3 CHICKEN NUGGETS with dipping sauce Oven Baked French Fries Side Tossed Salad *Ham & Cheese Wrap	4 BEEF TACOS on WW Soft Tortilla Salsa, Let/Tom Fiesta Corn & Black Bean Salad *Turkey Sandwich	5 GRILLED CHEESE SANDWICH Roasted Potato Wedges Broccoli w/ dipping sauce *Cheese Burger on WW Bun	6 PIZZA Side Garden Salad Veggie Sticks *LS Hotdog on a WW Roll	7
8	9 FRENCH TOAST with Syrup Hash Browns, Sausage *Turkey Sandwich on Pita Bread	10 HAMBURGER w/ Lettuce & Tomato Vegetarian Baked Beans Veggie Sticks *Pizza Sticks w/ Sauce	11 MACARONI & CHEESE Steamed Broccoli Bread Stick *Ham & Cheese on Goldfish Bread	12 CHICKEN FAJITA w/ lettuce/ Salsa/ Cheese Mexicali Corn *Turkey Burger on WW Roll	13 PIZZA Carrot Sticks Cucumber Wheels Side Garden Salad *Chicken Salad Sandwich	14
15	16 HOTDOG on a bun Potato Wedges Caesar Side Salad *Turkey Sandwich on a roll	17 CHICKEN TENDERS Three Bean Salad Roasted Sweet Potatoes *Ham & Cheese Wrap	18 PASTA with MEATSAUCE Steamed Green Beans Garlic Bread *Nacho Chips w/ Seasoned Beef and Cheese	19 CHICKEN BROCCOLI WITH ZITI Toasted Bread Stick *Chicken Tender Wrap	20 PIZZA Celery Sticks & Hummus Side Garden Salad *BAGEL W/ Yogurt & Cheese	21
22	23 MOZZARELLA STICKS W/ Marinara Sauce Mixed Vegetable Tossed Side Salad *Garden Salad w/ Turkey & Roll	24 CHICKEN FILET SANDWICH Let, Tom, Pickle, Broccoli Sweet Potato Salad *Ham & Cheese on Goldfish Bread	25 MEATBALL SUB Potato Puffs Green Beans * Turkey Sandwich On WW Roll	26 BURRITO w/ Let, Tom, & Salsa Chickpea Salad *Chicken Caesar Salad	27 PIZZA Carrot Sticks Cucumber Wheels Side Garden Salad * Egg & Bacon Wrap	28
29	30 CHICKEN NUGGETS Sweet Potato Fries Steamed Green Beans *YOGURT PARFAIT w/ PRETZEL	OFFERED DAILY Assorted FRESH FRUIT & CANNED FRUIT *TOSSED SALAD BOX 8 oz. MILK	KEY: * = Alternate Main Meal Second Choice WW = Whole Wheat	LUNCH PRICES Elem. \$3.00 Sec. \$3.25 MILK \$.50 BREAKFAST \$1.00		